



Camper's Acknowledgment of Risk

There are significant elements of risk in any adventure, sport, activity or training associated with trekking, hiking, mountaineering, walking on glaciated terrain or surfaces (referred to herein as "activity"), and the use of any equipment. In consideration of the services of TABLE IN THE WILDERNESS MINISTRIES, their officers, agents, and employees, and all other persons or entities associated with this business (herein collectively referred to as the "concessionaire"), I agree as follows: Although the concessionaire has taken reasonable steps to provide you with appropriate equipment and/or skilled guides so you can enjoy an activity for which you may not be skilled, we wish to remind you that this activity still has risks. Certain risks cannot be eliminated without destroying the unique character of the activity. The same elements that contribute to the unique character of the activity can be causes of loss or damage to your equipment, or accidental injury, illness or in extreme cases, permanent trauma or death. **We do not want to frighten you or reduce your enthusiasm for this activity**, but we do think it is important for you to know in advance what to expect, and to be informed of the inherent risks. The following describes some, but not all, of those risks.

- Falls
- Heat related illnesses including heat exhaustion and heat stroke
- River crossings, fording, or travel including travel to or from the activity
- Risk associated with crossing, climbing, or down climbing rock snow, and/or ice.
- Impaired sense of balance, physical coordination, and ability to follow instructions, and the actions of other climbers
- Cold weather related injuries including hypothermia, frostbit, and frostbite, which may result in loss of limbs, digits, and/or permanent scarring
- Altitude related sicknesses including acute mountain sickness, pulmonary edema, cerebral edema and or retinal hemorrhage
- Avalanche, rock fall, crevasse fall, inclement weather, high winds, and severe cold
- Equipment failure
- Accidents or illnesses occurring in remote places where there are no available medical facilities

I am aware that this activity entails risks of injury or death to myself. I understand the description of these risks is not complete and that other unknown or unanticipated risks may result in injury, illness, or death. I agree to assume responsibility for the risks identified herein and those risks not specifically identified. My participation in this activity is purely voluntary. No one is forcing me to participate, and I elect to participate in spite of these risks. I possess at least the following qualifications, which I understand are prerequisites to participate in this activity:

I am (we are) physically and mentally capable of participating in this activity and/or using the equipment

I am (we are) safety conscious and acknowledge that wearing a UIAA approved helmet may be a basic safety precaution with respect to preventing head injury while rock climbing, rock face climbing, or rappelling

I acknowledge that if, during the activity, I/we experience fatigue, chill and/or dizziness, my/our reaction time may be diminished and the risk of accident increased

I certify that I am (we are) fully capable of participating in this activity. Therefore, I assume full responsibility for myself, including any minor children for which I am responsible, for bodily injury, accidents, illness, death, loss of personal property, and expenses thereof as a result of those inherent risks and dangers, and of my/our negligence in participating in this activity.

I have read, understood, and accepted the terms and conditions stated herein and acknowledge that this agreement shall be binding upon myself, my heirs, assigns, personal representative, and estate, and for all members of my family including any minors accompanying me.

Participant's Signature	Date	Guardian/Parent's Signature(if under 21)	Date
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Media Release

I understand that Table in the Wilderness Camp reserves the right to use any audio, video and/or photographs of any camper or guest participating in any Table-facilitated event for promotional or marketing purposes.

Participant's Signature	Date	Parent/Guardian Signature (if under 21)	Date
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Medical Form

Please take the time to carefully and neatly complete all sections of this form. We must have a medical form on file for every camper by the first day of camp. Please include both pages.

Name _____ Birthdate ____/____/____ Male _____ Female _____
Grade entering _____ Height _____ Weight _____ Eye Color _____
Wears Glasses Yes _____ No _____ Wears Contact Lenses Yes _____ No _____
Mailing Address _____
City _____ State/Province _____ Zip/Postal _____
Parent/Guardian Name(s) _____
Best way to Contact: Home (____) _____ Work (____) _____ Cell (____) _____

Emergency contact Information

In the event of an emergency we will try to contact the parent/guardian listed above. If the parent or guardian cannot be contacted, list below (in order of priority) who we should try to contact.

These contacts should be individuals other than the Parent/Guardian listed above.

Contact #1 Contact #2 Contact #3
Name _____ Name _____ Name _____
Home Phone:(____) _____ Home Phone:(____) _____ Home Phone:(____) _____
Work Phone:(____) _____ Work Phone:(____) _____ Work Phone:(____) _____
Cell Phone: (____) _____ Cell Phone: (____) _____ Cell Phone: (____) _____
Relationship: _____ Relationship: _____ Relationship: _____

Medical/Health Insurance Information

TWM supplemental medical insurance pays only medical expenses caused by an accident up to \$5,000 that is not covered by your family plan. That means that medical expenses caused by doctor's visits for such things as flu, colds, or appendicitis are the responsibility of the participant and/or their family, and are not covered by TWM.

Do you have health insurance? Yes _____ No _____ Please include of photocopy of card
Health Insurance Provider _____ Policy Number _____
Family Doctor _____ Phone (____) _____
Clinic Name _____
City _____ State _____ Zip _____

A photocopy of your Insurance card MUST accompany this medical form.

Medical History

Medication Allergies _____
Food Allergies _____
Environmental Allergies _____
No Known Allergies _____ Vaccinations: _____ H1N1 _____ Influenza _____ Other _____

Please check on the list below all conditions that the participant has a tendency towards:

- ___ Asthma ___ insomnia ___ hay fever ___ physical handicap
___ Bed wetting ___ nervousness ___ homesickness ___ Car Sickness
___ Earaches ___ seizure disorder ___ convulsions ___ Other (Please List)
___ Diabetes ___ hyperactivity ___ sleepwalking
___ Epilepsy ___ heart condition ___ stomach problem

